

Backache or pelvic pressure Oedema swelling of hands or face Regular contractions Nausea,

'It's probably nothing but it might be something'

Leaking fluid from vagina You are worried, concerned or just don't 'feel right'

vomiting, diarrhoea and other flu-like symptoms Eye or vision disturbances Abdominal pain or cramps Reduction in foetal movements

Announcing  
National  
Premature Birth  
Awareness Week  
24 - 30 November

and the  
Austprem BORN EARLY Appeal  
[www.bornearly.org.au](http://www.bornearly.org.au)

As a part of National Premature Birth Awareness Week, Austprem Inc. will be launching a new brochure "**Pregnant? It's probably nothing but it might be something**" containing information for ALL pregnant women in the hope of decreasing the rising numbers of premature births in Australia.

The **Austprem BORN EARLY Appeal** hopes to raise sufficient money, over time, to fund research into the causative factors of premature birth. It is difficult to combat the increasing number of early arrivals when so little is known as to the causes.

For more information, to buy merchandise and to donate online visit [www.bornearly.org.au](http://www.bornearly.org.au)!



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